



WORKING WITH CHRONIC PAIN

One Day Workshop

Chronic pain is exacerbated for people from refugee backgrounds by the challenges of navigating a complex and often fragmented health system. Understanding how to deliver a culturally appropriate, bio psychosocial, multidisciplinary model to assist with assessment and treatment of chronic pain can make a significant impact on the experiences and health outcomes of people from refugee backgrounds with chronic pain.

Content includes:

- Revisit the 'refugee / asylum seeker experience' and trauma-informed responses in health settings;
- Explore pain as multidimensional and part of a body protection system;
- Examine current and emerging issues in pain management;
- Promote person-centred care, shared understanding and trust with clients;
- Initiate an interdisciplinary approach to pain management for survivors of torture and trauma; and
- Explore specific types of bodywork, 'therapeutic touch' and client / patient responses.



Photo: Foundation House

DATE

Friday, 27 April 2018

TIME

9.30 am - 4.30 pm

Morning Tea, Lunch and Afternoon Tea included

VENUE

Foundation House
4 Gardiner Street, Brunswick

COST

No cost for Nurses and Allied Health Professionals.

Suitable for

Nurses and Allied Health Professionals working with people from refugee backgrounds in a variety of settings.

Pre-requisite

The Intensive Introduction for Nurses and Allied Health Professionals is considered to be a pre-requisite for this workshop.

If you have considerable experience working with people who are from refugee backgrounds and wish to apply for an exemption for the pre-requisite, please contact pdregistrations@foundationhouse.org.au.

Registration Essential

Visit <http://foundationhouse.org.au/> under 'Learning'